



Newsletter



~St. Anne Line Catholic Junior School~

Reporting Absence

Please report your child's **absence** on Study Bugs or phone the school office *before* 9:15am 01268 470444

[School Emergency / Snow Closure - Please check the school website](#)

Head Teacher's Notice

Friday 16th February 2024

We have come to the end of the first half of the Spring Term...it's gone by so quickly!

This week we entered into the season of Lent with our Ash Wednesday Mass. Thank you to Year 5 for leading such a wonderful mass with their readings, prayers and singing. The whole school also reflected so beautifully during the mass - Thank you too to all those parents who were also able to join us.

This week's Prayer and Liturgy Assembly led the children to reflect upon their journey through Lent, helping them to understand how we can deepen our connection and relationship with God through the three pillars of Lent - prayer, fasting, and almsgiving.

Have a lovely half term break,

Miss N. Watson

SCHOOL DIARY DATES

LAST DAY OF 1ST HALF OF SPRING TERM Friday
Year 6 mid-year reports come out today. 16/02/24

HALF TERM BREAK
19TH - 23RD FEBRUARY 2024



Back to School - Monday 26th February

CLASS 7 PARENT / TEACHER CONSULTATION (Via Zoom) Monday
26/02/24
Appointment times will be sent out.

CLASS 8 PARENT / TEACHER CONSULTATION (Via Zoom) Tuesday
27/02/24
Appointment times will be sent out.

LENT RECONCILIATION SERVICE Friday
01/03/24
Children will attend a service of forgiveness at Holy Trinity Church

CLASS 2 ASSEMBLY Wednesday
06/03/24
Parents are invited to their child's class assembly. 2:30pm prompt start in the school hall, please don't be late.

 **WORLD BOOK DAY**  Thursday
07/03/24
*Children to dress up as **Biblical Characters** for this year's theme.*

Prayer



God of all wholeness, heal our hearts of all that prevents us responding to our sisters and brothers excluded by poverty and prevented from living a full and healthy life. In

Lent, may we: implore justice through our prayer, stand in solidarity through our fasting, and reach out through our giving. Send your life-giving power to revive the weary, restore the broken, and renew the face of the earth.

We ask this through Christ our Lord.

Amen

"He heals the broken-hearted and binds up their wounds."

Psalm 147:3

Check out the latest edition of the Pupil Newspaper THE ST. ANNE'S ECHO...

Click on the link below:

[St Anne's Echo](#)



PLEASE RESPECT OUR NEIGHBOURS!

Use the church car park to drop off and collect your child, or walk to school.

House Points

House Points	Week 6	16/02/2024
Anne Frank	Florence Nightingale	
296	313	
Martin Luther King	Nelson Mandela	
284	329	

School Dinners - Week 1



Please see our school website for the Winter menu. Please ensure that all accounts are up to date on the Parent's ARBOR Account - Thank you.



Gospel Values Award

This week the focus has been on **'FORGIVENESS'** - Reconciling with ourselves and others. Well done to **Joseph M** for demonstrating Forgiveness in school this week. To demonstrate and offering forgiveness is at the heart of the Bible, it is about recognising your emotions about the harm done to you and showing love to others.

"If you forgive anyone's sins, they will be forgiven."
John 20:23

Weekly Awards

Stars of the Week



- * Class 1 - Christina J
- * Class 2 - Rhian T
- * Class 3 - Rachel K
- * Class 4 - Hayden ON
- * Class 5 - Yzabelle T
- * Class 6 - Matthew K
- * Class 7 - Tegwen OG
- * Class 8 - Jaaziella M



Other Awards

- * Top Attendance - Class 3
- * Tidiest Classroom - Class 1 & 2
- * Music Award - Kaiden H

Instagram/Website



Please take a look at:

<https://www.st-anne-line-jun.uk/>

OR Scan the QR Code Below ↓

Whole School Attendance **94.9%**

Attendance League

	Class	% Attendance	% Unauthorised Absence
TOP	3	99.2% WELL DONE!	0
	4	97.3	0
	7	96.8	0
	6	95.2	0
=====National Average 95.0=====			
	1	94.4	0
	2	94.3	0
	5	92.5	0.39 MUST IMPROVE
BOTTOM	8	89.7	1.10 MUST IMPROVE

Total Late Marks - Please be in school and on time GATES CLOSE AT 8:45AM

No Late Marks - Class 1,2,3,6,7 - WELL DONE FOR BEING IN SCHOOL ON TIME

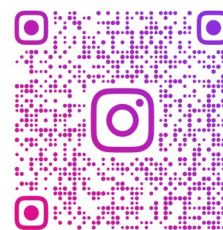
LATE MARKS - Class 4,5,8 - NEED TO BE AT SCHOOL ON TIME



St. Anne Line Catholic Junior School
Wickhay, Basildon, Essex. SS15 5AF

Phone: 01 268 470 444

www.st-anne-line-jun.essex.sch.uk



ST_ANNELINE_JUNIORS

Safeguarding at the Heart of Our School



MENTAL HEALTH AND WELL-BEING

If you are concerned about your child's mental health and well-being, please reach out. It's okay to ask for help.

At St. Anne Line Catholic Junior School, we are here to help; either to listen, to offer support, or to help direct you to agencies for further advice.

During Lent why not try 40 days of self-care...

Try and plan in at least 5 minutes a day for self-care. Remember being consistent with it will reap the most rewards - It's important to BE KIND TO YOURSELF.

Here are some ideas to try:

- ◆ **Practice Gratitude** – Practicing gratitude regularly, not only improves our heart, but it helps to reduce depression and anxiety levels and gives us peace of mind. Start by listing 3 things you're grateful for every morning and make sure you feel the emotion associated with it. At the end of the day list 3 amazing things that have happened. If stick with it and you will notice a difference.
- ◆ **Go for a walk every day** – As well as increasing your Vitamin D levels this also helps to reduce stress, boost your mental health and sleep better – all of which are essential to live a healthy life. Try and go for that walk every day - you could do the daily mile at break or lunchtime!
- ◆ **Get an early night** – It is so important to try and get some quality sleep. Not only is it important for your physical health but it also help to improve your mental health by reducing stress and anxiety and improving your mood. Introduce a bedtime routine and make sure you go to bed and get up at the same time every day – even at the weekends.
- ◆ **Make healthy food choices** – Make the time to help cook healthy nutritious meals for yourself and your family, and then find time to eat together as a family – you'll feel so much better.
- ◆ **Do an activity that you love** – Think of something you love doing. Engaging in an activity that you love, and you can lose yourself in, is so beneficial for your mental health. If you're really stuck you could get one a mindfulness colouring book and spend some time on that every day.

