

# Newsletter



# $\sim$ St. Anne Line Catholic Junior School $\sim$

### Reporting Absence

Please report your child's absence on Study Bugs or phone the school office before 9:15am 01268 470444

School Emergency / Snow Closure - Please check the school website

# Head Teacher's Notice

Friday 17th November 2023

It's been another busy week in school.

On Wednesday morning this week, we were visited by the Crossing Patrol Team who held an assembly for the children, helping them to understand the rules of the road and how to keep safe walking to and from school, especially since the winter nights are drawing in.

This week has been Anti-bullying Week at school, and the focus has been on kindness and friendship. We kicked off the week with Odd Sock Day on Monday and then the children completed lots of different activities in class through the week. Special thanks must go out to our Anti-bullying Ambassadors who have done a wonderful job keeping the playground a safe and happy place for all - well done. We ended this important week with a special celebration of Love for All, on Friday after Celebration Assembly, when we united as a school in spreading the message of knowing you are loved by Jesus.

Keep warm and have a lovely weekend,

#### Miss N. Watson

Prayer

Lord,

Forgive us when we are unkind to our friends We ask for Your love to fill our hearts and ask for Your guidance to spread the love that You give unconditionally.

Amen

"And now I give you a new commandment:

love one another.

As I have loved you, so you must love one another." John 13:34

# SCHOOL DIARY DATES

YEAR 3, 4 & 5 ASSESSMENT WEEK

Parents, please ensure your child is in school on time this week.

w/b Monday 20/11/23

**SCHOLASTIC BOOK FAIR** 

Take the opportunity to buy some exciting new reads. 27th Nov to Fri 01/12/23 (2:45 - 3:30pm)

Monday 27/11/23

**OPEN AFTERNOON FOR PROSPECTIVE INFANT SCHOOL PARENTS** 

Bookings for attendance to be arranged via St. Anne Line Catholic Infant School and Nursery. 01268 524263.

Wednesday 29/11/23

#### **SOUTHEND UNITED FOOTBALL TOURNAMENT**

Attended by the Y5/6 Boys Football team.

Thursday 30/11/23

#### **RECONCILLIATION SERVICE**

Friday The children begin their preparations for 01/12/23 the season of Advent. Held at Holy Trinity Church.

**BIKEABILITY** 

The children who have registered with Bikeability will complete their training on Monday to Wednesday this week.

Monday 04/12/23

#### CLASS 6 (Virtual) PARENT - TEACHER **CONSULTATIONS**

Letters coming out soon for appointment times. (Held on Zoom)

Monday 04/12/23



PLEASE RESPECT OUR NEIGHBOURS!



Use the church car park to drop off and collect your child, or walk to school.

# **House Points**

House Points We	Week 10 17/11/23	
Anne Frank	k Florence Nightingale	
300	324	
Martin Luther King	King Nelson Mandela	
324	322	

# School Dinners - Week 2

Please see our school website for the Winter menu. Please ensure that all accounts are up to date on the Parent's ARBOR Account - Thank you.

# Scholastics Book fair

The book fair is being held at the school each day from:

27th November to 1st December 2:45-3:30pm.



# Weekly Awards

# Stars of the Week



- \* Class 1 Mosadoluwa A
- \* Class 2 Maya D
- \* Class 3 Avery N
- \* Class 4 Michael LB
- \* Class 5 Erin J
- \* Class 6 Catherine N
- \* Class 7 Finnley B
- \* Class 8 Jack M

### Other Awards

- \* Top Attendance Class 5 and 6
- \* Tidiest Classroom Class 6
- \* Kindness Trophy Keelan D
- · Music Award Emil Z and Valentina B

# Instagram/Website



Please take a look at:

St Anne Line Juniors

https://www.st-anneline-jun.uk/

### Whole School Attendance 98.5%

# Attendance League

	<u>Class</u>	% Attendance	% Unauthorised Absence
TOP	5	99.6% WELL DONE!	0
	6	99.6% WELL DONE!	0
	3	99.2	0.4 MUST IMPROVE
	7	98.8	0.4 MUST IMPROVE
	2	98.8	0.39 MUST IMPROVE
	5	98.4	1.2 MUST IMPROVE
	8	97.3	0.38 MUST IMPROVE
BOTTOM	1	96.3	0

Total Late Marks, Please he in school and on time CATES CLOSE AT 8.45 AM

<u>Total Late Marks - Please be in school and on time GATES CLOSE AT 8:45AM</u>
No Late Marks - Class 1,4,6 - WELL DONE FOR BEING IN SCHOOL ON TIME

LATE MARKS - Class 2,3,5,7,8 - NEED TO BE AT SCHOOL ON TIME.

















St. Anne Line Catholic Junior School Wickhay, Basildon, Essex. SS15 5AF Phone: 01268 470 444

www.st-anneline-jun.essex.sch.uk

Safeguarding at the Heart of Our School



### MENTAL HEALTH AND WELL-BEING

If you are concerned about your child's mental health and well-being, please reach out. It's okay to ask for help.



At St. Anne Line Catholic Junior School, we are here to help; either to listen, to offer support, or to help direct you to agencies for further advice.

# TASK

#### **Body scan**

Feeling stressed or tense? Try this...

The purpose of a body scan is simply to notice and be aware of your body and where the stress or tense feelings may be.

**Tip:** this works best somewhere comfortable and quiet. Young children will need a parent to guide them while older children may do this independently.

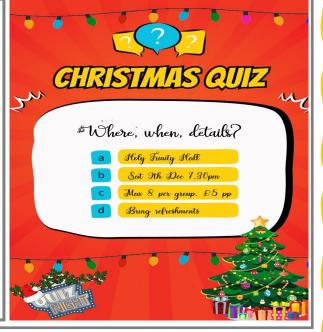
- 1. Lie down on your back somewhere comfortable.
- 2. Keep your body still.
- Take three deep breaths in and out and then gently close your eyes.
- Slowly breathe in through your nose and count 1, 2, 3 in your head.
- 5. Hold the breath for 1, 2, 3,
- Slowly breathe out through your mouth and count 1, 2, 3 in your head.
- You are going to start at the lower end of your body and work your way up.
- **8.** Focus on your feet and your toes for 10 seconds. Ask yourself:
  - a. How does this body part feel?
  - b. Wiggle your toes how does this feel?
  - c. Can you feel this part of your body touching the floor? Which parts are touching and which parts are not?

- d. Is there anything else touching this part of your body (like clothes, furniture)? What does it feel like?
- e. Does this body part feel cold or warm?
- f. Does this body part feel relaxed or tight?
- g. Does this body part feel heavy or light?
- Next ask the same questions about your ankles, then knees, then legs – all the way up your body until you reach your head.
- If a body part feels tight or heavy, slowly breathe in through your nose and count 1, 2, 3 in your head.
- 11. Hold the breath for 1, 2, 3.
- Slowly breathe out through your mouth and count 1, 2, 3 in your head.
- 13. Repeat this until the body part feels relaxed.
- 14. When you have reached the top of your head, gently open your eyes. How does your body feel now? Do you feel more relaxed?

### PARENTS OF YEAR 2 CHILDREN

The Admissions Process for children moving from Year 2 into Year 3 in September 2024 opens on 6th November 2023. Applications to Essex must be made by the deadline (15th January 2024) using the link below:

www.essex.gov.uk/admissions



















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Safequarding at the Heart of Our School





# THIS WEEK AT ST. ANNE LINE CATHOLIC JUNIOR SCHOOL



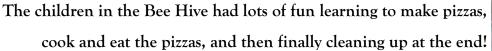
















Anti-Bullying Week began with 'Odd Socks Day' - it was great to see all the colourful odd socks being worn around school on Monday.

We then ended the week uniting the whole school as we held hands and passed around the wooden heart symbolising Jesus' love for us all.



