



St. Anne Line Catholic Junior School P.E Whole School Curriculum Overview

Each Year Group has two P.E Lessons each week, one in the morning (am), and one in the afternoon (pm).

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3 - am	Football Invasion games	Futsal Invasion games	Cricket Striking & Fielding	Handball Invasion games	Tennis Net games	Athletics Fitness
Year 3 - pm	Dodgeball Invasion games	Dance & Gymnastics Co-ordination	Circuit Training Fitness	Netball Net games	Rounders Striking & Fielding	Ultimate Frisbee Invasion games
Year 4 - am	Football Invasion games	Futsal Invasion games	Cricket Striking & Fielding	Handball Invasion games	Swimming	Swimming
Year 4 - pm	Dodgeball Invasion games	Dance & Gymnastics Co-ordination	Circuit Training Fitness	Netball Net games	Rounders Striking & Fielding	Ultimate Frisbee Invasion games
Year 5 - am	Football Invasion games	Move and learn with Southend United	Swimming	Swimming	Tennis Net games	Athletics Fitness
Year 5 - pm	Dodgeball Invasion games	Move and learn with Southend United	Circuit Training Fitness	Handball Invasion games	Rounders Striking & Fielding	Ultimate Frisbee Invasion games
Year 6 - am	Swimming	Swimming	Tchoukball Net games	Handball Invasion games	Tennis Net games	Athletics Fitness
Year 6 - pm	Football Invasion games	Futsal Invasion games	Circuit Training Fitness	Korfball Net games	Rounders Striking & Fielding	Ultimate Frisbee Invasion games

The last week of every half term (end of each scheme of work) we will have inter-school competition across each year group for the sport we have done in PE for that half term.